





HOOPS FOR HEART "Shoot" to fight Heart Disease

On **MARCH 28th**, during PE classes, our students will "shoot" at the chance to fight against heart disease and stroke with Hoops For Heart, with a minimum donation of **\$10**.

WHAT IS HOOPS FOR HEART?

- A fun and exciting time to play basketball for a healthy heart
- A time to teach children healthy food and exercise habits
- An opportunity for our school to help fight heart disease by collecting donations from family, friends, coworkers and neighbors....ask anyone you know!!!
- A time to help our community by giving the money we earn to the American Heart Association

HOW LONG DO WE HAVE TO COLLECT MONEY?

• All donations (online or in the envelope) will be collected March 19-23, 2018.

HOW DO WE COLLECT DONATIONS?

- After an adult has heard the risk factors, ask them to sign the form and make a donation.
- Thank them for making a donation & remind them to call 911 if they are having a heart attack!
- Go online and create a webpage to ask for donations...visit **www.americanheart.org/middleschool** to get started, and find Mayfield Woods Middle. We'll be doing daily drawings (March 19-23) for those that do online donations!

THINGS TO REMEMBER:

- Please DO NOT allow students to go door to door.
- Put your **child's name, and homeroom teacher**, on the collection envelope and return donations in the envelope.
- We encourage each student to raise a minimum of \$10, but every dollar makes a difference!!!! WHAT PARENTS CAN DO TO HELP:
- Help your child collect donations...either in the collection envelopes or online at www.americanheart.org/middleschool
- <u>CHECKS</u> made out to <u>AMERICAN HEART ASSOCIATION</u> or cash, are accepted (CHECKS are preferred)
- If you would like your child to participate but have a financial hardship, OR if this is a cause you do not choose to support but would like your child to participate, please contact Mrs. Shindel, principal, at melissa_shindel@hcpss.org or 410-313-5022 no later than March 20, 2018.

This year we hope to raise \$10,000!!! Please help us achieve our goal!!!

Ms. King Mr. Chiarella Ms. Proudlock